

**SHOCKING!**

**The TRUTH**  
**About**  
**ACTION**



How and why almost everything you've been taught about how to  
get what you want in life is stonewalling your success ...

**The Science of Getting Rich Network**  
[www.scienceofgettingrich.net](http://www.scienceofgettingrich.net)

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## Doing without Doing

By Dr. Robert Anthony

**O**ne of the mistaken certainties or misconceptions most people operate under is that you get what you want in life by what you *do*, or through the actions you take. Most people believe that the *doing*, or action part, is what makes things happen. However ...

**This belief causes you to create in reverse.**

Let me explain. The reason we put a lot of emphasis on action is because we do not understand the power of our thought. If you analyze it, 90 percent of most people's actions are spent trying to compensate for inappropriate thought!

The Chinese philosopher Lao-Tsu said, "In the practice of the Way, every day something is dropped. Less and less do you need to force things until finally you arrive at *non-action*. When nothing is done, nothing is left undone."

What he is talking about is *doing without doing*.

The problem is that most of us are preoccupied with doing. Unfortunately most of our doing usually involves struggle. In the western world we are conditioned to be action-oriented, so we place a tremendous value on doing. We are so busy doing that we do not realize that all this "doingness" causes us to create in a reverse fashion.

**Most of our actions are out of  
fear, worry or doubt ...**

... because we believe nothing will get done unless we *do* something. In other words, we are **trying to force our desire into manifestation through action.**

If your decision to *do* is dominant, then you will not focus on what you want to *be* in the present moment. This causes you to miscreate because *being* is the first and most important step in the creative process.

►► SOGR says: Mistakes come from acting hastily or from acting in fear or doubt ...

**Here is the secret:**

**It is not your action that makes things happen, it is your intent.** You can reduce the need for action to a very minimum by allowing yourself to focus on what you desire until you feel the positive energy begin to move within you. This energy is not based on doubt, fear, anxiety, worry or need.

**If you focus on what you want  
instead of what you don't want,  
you will know when it is time to take action.**

And when you do, it will be effortless. Doors open and the entire universe will conspire to assist you in your desire.

*Put simply, you should take no action on anything until you have visualized your desire and made it real enough in your mind that your next action (step), whatever it is, seems like the most logical step.*

How can you know the next logical step? **Here is the test** that you can give to yourself before taking any action:

**If you focus on what you desire  
and still feel overwhelmed or anxious,  
then you are not ready for any action.**

You know you are ready when it feels like the next logical step is effortless. There is no effort, no strain, and no pain.

What we want to do is to use the leverage of energy, the same leverage of energy that creates everything in the universe. However, we are so caught up in the "reality" of *what is*, that we feel we must create everything through mental effort and physical activity.

Have you ever seen people who seem to have all the wonderful things in their life without much effort? It almost seems like they have an advantage over everyone else. Then you see that the people who work the hardest usually have the least.

That doesn't seem fair does it? But that's the way the universe works.

Unfortunately, those who work the hardest usually have the least because they haven't learned the **leverage of aligning their energy**. They are going about creating their lives the hard way. They are trying to use their actions to create what they want.

►SOG says: It is not your part to guide or supervise the creative process. All you have to do with that is to retain your vision, stick to your purpose, and maintain your faith and gratitude.

We have also been programmed that in order to have what we desire we must work hard. How many times have you heard, “No pain, no gain?” The implication is that if you want to make something of yourself, you must work hard. The message is clear: If you are not hurting or struggling, you are not moving forward.

But here is the truth:

**Anytime you are struggling  
you are miscreating.**

Anytime you feel pain or struggle, your magnetic point of attraction is directed to that which you do not want, rather than to that which you desire.

Read that again!

**Actions are necessary,  
but they are the *last* component  
of the creation processes.**

Actions cannot be used effectively to initiate results, because initiation is the function of *being*, then thought, then action.

Remember, the creation of anything is through your vibration. Everything vibrates, and it is by that vibration that we harmonize and attract experiences to ourselves. So before you act or do anything, first ask yourself, how am I vibrating? How do you tell? You tell by how you *feel*. Your feelings show you your vibration.

**How you *feel* determines what you attract.**

When you use the process of creating by *only* focusing on what you want instead of what you don't want, you will see that the universe will provide a different set of circumstances for you that requires much less action. This puts you in a state of *doing without doing* or action without effort.

**Now, turn the page for an exciting opportunity  
to sample Dr. Anthony's outstanding audio program,  
“Know How To Be Rich,”  
especially for *Certain Way* readers!**

► If vibration sounds too “woo woo” or mystical to you, you'll be happy to know it's scientific fact. Everything is composed of subatomic particles of energy (*quanta*), which Mr. Wattles refers to as the “one original substance, out of which all things proceed.” That substance — which we can also call energy — vibrates at various frequencies, depending on the form it takes. Today, quantum physics helps to explain and validate what Mr. Wattles wrote in 1910.

# Got a dollar?

## Then here's the very best thing you can do with it!

Dear Certain Way colleague —

I'm always on the lookout for teachers who understand the universal principles of abundance and can help make them easier to grasp and apply in our lives.

So in mid-2003 when I had the opportunity to read half a dozen books by a man who's been teaching and explaining these principles for more than 30 years, I jumped on it.

That man was Dr. Robert Anthony, the author of the neat little article you've just read.

And the price I paid for those books was money well spent, because I *definitely* got more in use value than the cash I exchanged. I also got some useful new insights that shed an even brighter light on what I'd learned from Wallace Wattles in *The Science of Getting Rich*.

Then in the early spring of 2004 I saw that Dr. Anthony had created a **new six-part audio course** with a title as intriguing as the ones Mr. Wattles devised. This one was called:

### **“Know How To Be Rich.”**

Well, as you can imagine, I *had* to check that out to see if it, too, would add anything new to my own understanding and application of *The Science of Getting Rich*. So I signed up, forked over the \$167 price, and downloaded the first week's session.

### **Wow!**

That first hour was *so* exciting! And the reason it was so thrilling to me was because Dr. Anthony explained in such an easy-going and **easy to understand** way so many of the very same things Mr. Wattles teaches us ...

► *KHTBR says: This is not positive thinking; this is about working with quantum physics to attract the riches you truly desire and deserve.*

**... only he brings it all up to date by showing exactly what the “Formless Substance” is and does in terms of the latest discoveries of Quantum Physics.**

I confess: I put more effort into the “C-” grade I barely got in my college introductory physics course years ago than I put into any “A” I ever earned.

But Dr. Anthony makes this all EASY to understand, so if it sounds daunting to you, don’t worry: It isn’t. It’s *fascinating!*

And that’s just the beginning!

But before I go any further, let me tell you that **you can have this whole wonderful first session** (a little over an hour) without paying that \$167 cost.

**As a Certain Way reader you can download and listen to that first session right now for just \$1.**

Here are a few highlights of that first session:

- Why unpleasant experiences happen in your life.
- The **Quantum Physics** explanation of how you are constantly creating your world.
- The scientific basis of the **Law of Cause and Effect** and the **Law of Attraction** (which Mr. Wattles teaches without using that particular name for it).
- Why things you *don’t* want tend to hang around (and what you can do about that).
- **How to avoid worrying** about what governments, the economy, or other people might do to you (and why you must avoid this).
- Understanding why poverty, war, religious strife, environmental destruction and more exist in the world.
- Want to change the world for the better? Here’s the *only* way you can (and how it works).
- What you can do when your heart is moved by **other people’s misfortunes** that lifts your own spirits and actually helps.

**You’ll also learn a powerful 17-second technique ...**

► *KHTBR says: How does the universe take instructions and turn your instructions into things out of the quantum energy field? The universe does not select which one of your images or thoughts to bring forth and which one not to. The way it works is that it brings forth ALL of your thoughts and images to the extent that you **believe** them.*

... for **shifting out of negativity** when it attacks — and you'll learn why it's absolutely *essential* to make that shift if you want to see your "clear mental image" made real.

**All that and more is in the first audio session that you can download right now for just \$1.**

And, my friend, even though rest of the course is equally illuminating and worth far more than its cost (and I've arranged a **special 10% rebate** for you, too) ...

**I don't care if you decide to get the other five sessions or not.**

Even if all you ever listen to is this first hour, you can advance your understanding and application of the universal principles of prosperity immensely while enjoying both the process AND the results.

If that sounds promising to you, click the link below to get all the exciting details:

[www.scienceofgettingrich.net/knowhow/](http://www.scienceofgettingrich.net/knowhow/)

Then, to get the special \$1 trial (the first week's audio session), go here:

[www.scienceofgettingrich.net/1dollar/](http://www.scienceofgettingrich.net/1dollar/)

I'm excited for you because I already know what you're about to hear. So go take a look — and a listen — and experience it for yourself.

EXPECT Success!



Rebecca Fine

**P.S.** If you're taking The Science of Getting Rich for Practical Geniuses™ Online Course, you can go ahead and listen to this first session. It won't cause you any conflict at all and will even enhance your understanding. Then if you decide to get the rest of Dr. Anthony's course, that's fine.

I suggest, though, that you wait until you finish the Practical Geniuses™ course before listening to the *rest* of Dr. Anthony's

► *KHTBR says: Just because you can't see the possibility of having what you want in your physical reality at the moment, it doesn't mean it is not on the way to you. Here is an important truth: 99% of what you create in your life is complete before you see any evidence of it in your physical reality. The problem is that you have trained yourself to believe that there is no forward motion until you actually see the physical proof.*

sessions — just so you are keeping your course commitment. Those audios will be there waiting for you and will make an excellent next step for you!

If you're ready, find all the details on the six-week "Know How To Be Rich" audio course here:

[www.scienceofgettingrich.net/knowhow/](http://www.scienceofgettingrich.net/knowhow/)

Get your \$1 Trial (first week's session) here:

[www.scienceofgettingrich.net/1dollar/](http://www.scienceofgettingrich.net/1dollar/)

**P.P.S.** In the past when I've introduced readers to some of my own teachers there have been a few people who've complained that by doing that I'm not following what Mr. Wattles says:

"[Y]ou do not need to read any other book upon the subject ... No one has yet formulated a briefer or less complex 'system' than the one set forth here."

Well, if you insist on sticking to the "letter of the law" rather than the spirit, I suppose that *could* be a valid criticism. But here's the thing:

Mr. Wattles wrote that nearly 100 years ago when no one else had as clear an grasp as he did, and while the *principles* he writes about have not changed — and cannot — our scientific knowledge has grown immensely. So for me, at least, it's extremely exciting and enlightening to learn how **science is now validating** what Mr. Wattles wrote about all those years ago.

**That can't help but increase your faith in the process as it increases your appreciation and understanding.**

It's also true that we know a lot more now about **how people learn**. Some of us do best by reading, some by listening, and some by jumping in and experiencing. And the **different styles, personalities and presentations of various teachers** appeal — or don't! — to us in different ways.

Put ten people in a room with a particular speaker and some will think she's great and will experience life-changing insights, while others will have trouble staying awake! ;-)

Of course, I can only judge by my own experience. And it makes no sense to me to ignore a whole century of advancing

► **KHTBR** says:

*Certainty is the most powerful force and the antidote to failure.*

*Why is certainty important?*

*Because everything is possible to the extent that you are certain.*

*Whenever you choose to create something in your life, the universe moves the building blocks or quantum particles around, depending on the information it receives and the certainty of that information.*

*It is as scientific as it is spiritual.*

*The speed at which you create what you desire is based on the certainty you have about receiving what you desire, even before you ask, and the certainty that you have it already on the quantum level.*

knowledge that illuminates and validates what Mr. Wattles discovered.

So when I find something that is helpful to me personally — after actually *using* it for a significant amount of time and **measuring my own results** — I'll pass it along to you. Then, since you are an intelligent adult, you can decide for yourself whether or not it might be useful to you, too.

**If it appears to you that something will cloud your understanding rather than sharpen it, then don't mess with it. It's that simple!**

And I will *never* tell you about anything that I believe conflicts with *SOGR* in any way or represents an entirely new "system."

(You should see all the books, audios, courses, seminars, and so on that I buy and explore, and then never mention! I'm not going to criticize or bash any of them. I'm just never going to bring them up at all.)

Fair enough?

Find all the details on the six-week "Know How To Be Rich" audio course here:

[www.scienceofgettingrich.net/knowhow/](http://www.scienceofgettingrich.net/knowhow/)

Get your \$1 Trial (first week's session) here:

[www.scienceofgettingrich.net/1dollar/](http://www.scienceofgettingrich.net/1dollar/)

► *KHTBR* says:

Someone once asked me, "What's the hardest part to creating what you want?" My answer was, "Learning to stop figuring out how you will get what you want." If you try to figure out how you will get what you want, you limit yourself to what your ego can see and do.